COMMENDING JOHN ANTON OF HAVERHILL

HON. NIKI TSONGAS

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES Thursday, February 25, 2010

Ms. TSONGAS. Madam Speaker, today I pay tribute to John Anton, the National Down Syndrome Society 2010 Advocate of the Year. Mr. Anton is a resident of Haverhill, Massachusetts in my congressional district. Throughout his life, Mr. Anton has been a leader and advocate for those with intellectual and developmental disabilities. His work has touched thousands of lives, and his efforts should be recognized and emulated.

The National Down Syndrome Society is the national advocate for the value, acceptance and inclusion of people with Down Syndrome. The Advocate of the Year honor commends Mr. Anton's work to enhance the quality of life for those with intellectual and developmental disabilities, while helping them to realize their life aspirations and become valued members of their communities.

Mr. Anton certainly deserves this award. He has committed his life to helping individuals adapt to their disabilities, achieve their greatest potential, and work toward productive, independent lives.

In Massachusetts, Mr. Anton was heavily involved in efforts to change the name of the state Department of Mental Retardation to the Department of Developmental Services. He was determined to bring awareness to this cause, and was successful in his endeavor. Massachusetts adopted the new name in 2009. He is to be congratulated on this achievement.

Mr. Anton served as the Chairman of Massachusetts Advocates Standing Strong. He spent time as a legislative intern with State Representative Tom Sannicandro and also worked for the Arc of Greater Haverhill-Newburyport. Throughout his life, he has mentored others with disabilities and has been a great inspiration to many. We in Massachusetts are grateful for his service to the Commonwealth.

Madam Speaker, I hope my colleagues will join me today in congratulating John Anton for receiving the National Down Syndrome Society 2010 Advocate of the Year, and for his efforts and dedication to a cause for which he is so passionate.

We thank you, Mr. Anton, for your ongoing service to those with intellectual and developmental disabilities and look forward hearing of your continued successes.

HONORING DR. DAVID BENKE

HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Thursday, February 25, 2010

Mr. COFFMAN of Colorado. Madam Speaker, I rise to honor Dr. David Benke, a math teacher at Deer Creek Middle School in Littleton, Colorado.

Dr. Benke is an ordinary American—husband, father, teacher and coach—but his actions this week in the face of grave danger were nothing short of extraordinary.

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As school was letting out on Tuesday, a gunman approached and opened fire on students

Upon seeing the suspect, Dr. Benke, in a moment of extreme bravery, rushed towards the shooter, wrestled him to the ground, and held on as his colleagues helped subdue the shooter.

He broke up a potentially deadly school shooting, and if it were not for the rapid and selfless actions of Dr. Benke and his colleagues it could have been a much more violent and tragic encounter.

When asked about his actions, Dr. Benke modestly remarked, "If something happens and there's something I can do about it, I want to try and do something about it."

He did more than just "something."

There are many heroes in our midst, and sometimes it takes an extraordinary moment of danger to bring out their true valor.

The people of the Sixth District are fortunate to have Dr. Benke in our community. It is ordinary people like him who do extraordinary things that keeps our community safe.

RECOGNIZING GREG FIRST OF DADE CITY, FLORIDA

HON. GINNY BROWN-WAITE

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES Thursday, February 25, 2010

Ms. GINNY BROWN-WAITE of Florida. Madam Speaker, I rise today to honor Greg First of Dade City, FL. for most of his life, Greg has been a faithful servant to his community; volunteering himself to many causes which have helped to enrich the lives of many.

Born to Jimmy and Mary First in Bedford, Ohio, Mr. First moved to Zephyrhills with his family at the age of 10. After graduating from Zephyrhills High School, he attended the University of Maryland and served in the United States Air Force from 1968 to 1972.

Mr. First has volunteered himself, quite literally, having donated a total of 16 gallons of blood while director of public relations for Blood Net, in addition to volunteering for Meals on Wheels, Relay for Life, and a local Hospice. He has kept up the spirits of Zephyrhills residents as an announcer for Main Street Parades and high school football games. A three-time president of the Chamber of Commerce, Mr. First has been a Christian Radio DJ, a lifetime Am Vet Member, and he even started his own local news website, "What's Up Zephyrhills?"

Madam Speaker, on February 26, the Conservative Club of East Pasco will honor Greg's achievements with the Lincoln Heritage Award. I ask you to join me today to honor him on the floor of this house. May we all give back to our communities as much as Mr. First has.

HONORING THE LIFE AND SACRIFICE OF MEDGAR EVARS AND CELEBRATING THE UNITED STATES NAVY FOR NAMING A SUPPLY SHIP AFTER MEDGAR EVARS

HON. LAURA RICHARDSON

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Thursday, February 25, 2010

Ms. RICHARDSON. Madam Speaker, I rise today in support of H. Res. 1022, which hon-

ors the life and sacrifice of Medgar Evars, recognizes the important role he played in progressing the cause of civil rights, and congratulates the United States Navy for honoring him with the naming of the United States naval ship *Medgar Evars.* H. Res. 1022 is an important measure that pays tribute to an individual who sacrificed his life fighting for the core American values of equality and civil rights.

I thank Chairmen CONYERS for his leadership in bringing this bill to the floor. I would also like to thank the author of this legislation, Congressman HANK JOHNSON, who has taken the time to remember the invaluable work of Medgar Evars and to celebrate the United States Navy's efforts to honor this American hero.

Medgar Evars was born in 1925 in Decatur, Mississippi. Growing up in the heart of the segregated South, Medgar Evars experienced the worst of racial oppression. Still, in 1943, he volunteered to serve his country in World War II, and fought valiantly with the United States Army in the Battle of Normandy.

After fighting overseas for the cause of freedom and democracy, Medgar Evars returned home to a segregated country as a second-class citizen. He dedicated himself to activism, working tirelessly for the cause of racial equality on behalf of the National Association for the Advancement of Colored People (NAACP). As a result of his activism, Medgar Evars was the target of numerous death threats and assassination attempts. But his bravery and dedication knew no bounds and he continued his important work until he was tragically murdered on June 12, 1963.

It is entirely fitting that we honor Medgar Evars, who in his life as well as his death, helped move our country out of a time of oppression and segregation and into an era of greater tolerance and equality.

It is equally fitting that the United States Navy has chosen to honor Medgar Evars with the naming of the United States naval ship Medgar Evars. This ship, a Lewis and Clark class dry cargo ship, is a state-of-the-art vessel that will provide essential logistics support to Navy operations around the world. Just as Medgar Evars helped bring our nation racial reconciliation, the United States naval ship Medgar Evars will help the Navy to promote peace and conflict resolution throughout the world. This ship is one more way in which the life and sacrifice of Medgar Evars will continue to serve as a beacon of equality.

Madam Speaker, I urge my colleagues to join me in supporting H. Res. 1022.

IN HONOR AND REMEMBRANCE OF LINDA GROVER

HON. DENNIS J. KUCINICH

OF OHIO

IN THE HOUSE OF REPRESENTATIVES $Thursday,\ February\ 25,\ 2010$

Mr. KUCINICH. Madam Speaker, I rise today in honor of Linda Grover, an author and an activist for global peace. Ms. Grover turned her strong sense of justice into words and actions. Ms. Grover consistently fought for the common good as a volunteer and as a leader on behalf of numerous local, national and international projects.

Following her marriage to Broadway actorsinger Stanley Grover, Ms. Grover led a 7-